

## Gospel of Mark



## Pray Ignatian Imaginative with Mark 6: 45-50

"Let us try to be wholly present in this meditation. Everything should become concrete and graphic: the figure of the Lord on the water; the disciples' boat; their effort, which the Lord sees; the changing expressions on their faces; the sound of the Lord's words.

"Then let us consider ourselves: Where does the feeling of anxiety, of failure, of insufficiency find a foothold in us? And how and when did the Lord get into the boat with us, calm the wind, and take our anxiety upon himself."

Excerpt from Meditations on the Gospel of Mark by Adrienne Von Speyr, p313

## Fog Reflection

- 1) What are the storms happening in your life right now? Where is Jesus in the midst of them? How can you invite Him closer?
- 2) What anxieties or fears do you have about taking a step further in your relationship with Jesus? How can you take a step forward in courage and faith?
- 3) Where have you seen God do the "impossible thing" (like walking on water) in your life?

## Weekly Challenge

- 1) "Take courage, it is I, do not be afraid!" Take a step out in faith and do one brave thing this week. Some examples:
  - Talk to a new person at school or church and don't be afraid of rejection;
  - Try a new activity/hobby and don't be afraid to fail;
  - Have a particular vocational call you feel the Lord has placed on your heart? Don't fear! Learn more about that religious order, the consecrated life, or talk to a married person, etc.
- 2) Be creative. Paint, color, or draw a picture that represents this story of the Walking on Water. Share it with @beloveddaughterministry #walkonwater #gospelofmark