

Gospel of Mark

Pray Lectio Divina with one of the parables:



Mark 4: 1-20 // Mark 4: 21-25

Mark 4: 26-29 // Mark 4: 30-34

Fog Reflection

- 1) Can you think of times in your life when your own heart was a different soil? When has your heart been rocky ground? When have "birds come and eaten the word"? When has your heart been rich soil? When have anxieties choked the word?
- 2) What type of soil is your heart right now? What do you need to do to make it rich soil (or richer soil)? What needs to be cleaned up or cleared out? What spiritual nutrients do you need?
- 3) What in your life are you afraid to bring to the light, to bring to Jesus?
- 4) Where is God bearing fruit unexpectedly in your life? Give thanks!

Weekly Challenge

- 1) Take a 30 minute silent walk through a garden or wooded area and contemplate further the Parable of the Sower.
- 2) Attend the Sacrament of Reconciliation.
- 3) Ask God who He wants you to start reaching out to (friend, family member, neighbor) to begin planting seeds in their life that they might come to know Him.