



Pray Lectio Divina or Ignatian Imaginative with Mark 1: 16-20

Fog Reflection

- 1) Take some time to think about when or where has Jesus encountered you in your ordinary life. If you're having a hard time recognizing an encounter, how can you become more aware?
- 2) Where is Jesus asking you to follow Him more closely on your path of discipleship? More time in prayer or a particular prayer practice? Studying of Church teaching? An area of your life in need of repentance, forgiveness, or a letting go of something?

Weekly Challenge

- 1) Offer up one task or chore each day this week for the intention of someone else.
- 2) Attend the Sacrament of Reconciliation.
- 3) Try praying the Examen by St. Ignatius at the end of your day to help with seeing where God has been this week.