



Pray Lectio with Mark 1: 9-15

Fog Reflection

- 1) Who are some people that have been influential in your faith journey?
- 2) Beloved Daughter. That is your truest identity. What lies do you hear that negate that truth? Who are people in your life that affirm your identity as the Beloved?
- 3) What challenge(s) have you faced where God was present to see you through it? What mission has God already begun to place on your heart?

Weekly Challenge

- 1) Write a note of gratitude to one of the influential people in your faith life.
- 2) Write on post-its or a note card one or all of the following passages that affirm your dignity as the Beloved (or add one of your own!). Display it in a prominent place.

Mark 1: 11

Song of Songs 4: 7

Psalm 139: 14

Wisdom 2: 23