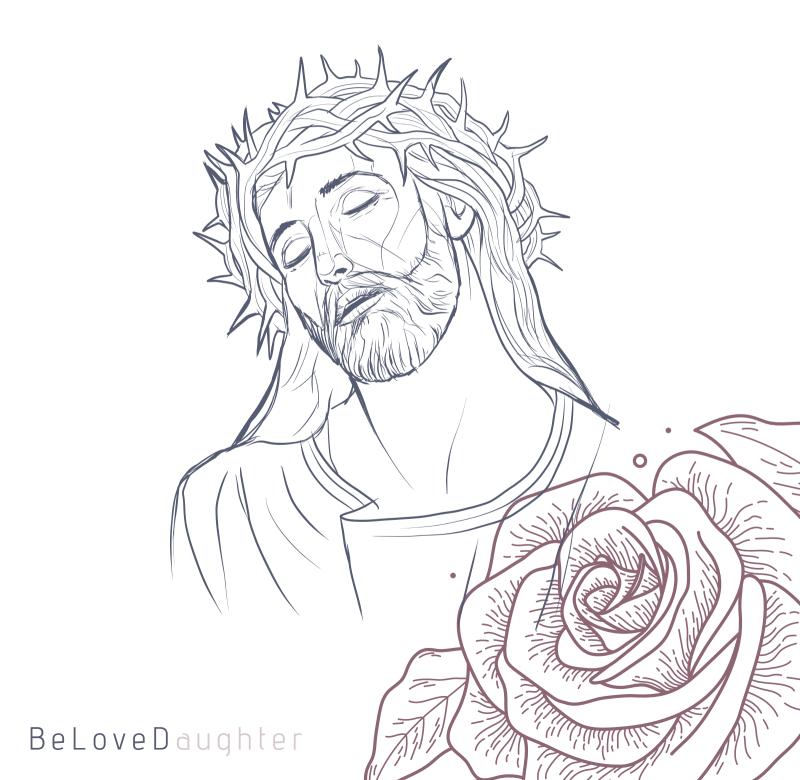
# A Holy Saturday Stations Hike for Teen Girls



#### **Brief Historical Note**

The Stations of the Cross is a venerable Christian tradition. It is based on a popular medieval devotion, *The Way of the Cross*, which was prayed by pilgrims in Jerusalem. The expense of the pilgrimage made it largely inaccessible to the lower classes. By placing stations in churches across Europe, everyone could prayerfully relive the first Good Friday, rich and poor alike.

The practice preceded the Reformation and so every effort has been made to make it accessible to Christians of all communities.

#### **Holy Saturday**

I have often felt unsure of what to do on Holy Saturday. The Triduum\* begins with Holy Thursday's celebration of the Institution of the Eucharist and Priesthood and the washing of the feet; Good Friday focuses on Jesus' Passion, Crucifixion, and Death through reflections on *The Last 7 Words of Jesus, Veneration of the Cross*, and *The Stations of the Cross*. The Easter Vigil, held late on Saturday and the Easter Sunday morning Masses are a joy and celebration of the Resurrection.

But what to do with Holy Saturday?

It's a day caught in the "in-between," and perhaps that's its beauty. To make us stop and reflect and wait. Have you ever thought about what that first Holy Saturday was like for the Jewish people?

We can look at Holy Saturday from a place of hopeful waiting, but for everyone else, was it the end of hopes and dreams? Was it a return to their old way of life? This man, Jesus, had promised them so much, and now it seems as if everything has come to an end. What should they do now?

#### **How to use this Prayer Guide:**

The guide contains fifteen stations taken directly from Scripture. Fourteen come from John Paul II's *Scriptural Stations of the Cross*.

At each station we will pray, reflect on Scripture, and try to enter the experience of someone who lived through the first Holy Saturday. The goal is to help us more fully celebrate Jesus' Resurrection tomorrow.

This is best prayed communally, especially on a hike or walk that affords for either fellowship or deeper conversation between the stations. On the next page is a sample layout for each station.

<sup>\*</sup>The three holiest days of the year: Holy Thursday - Good Friday - Holy Saturday

# **S** tation Number: It's Title From the Perspective of - Name of the Woman

Scripture Reference to Jesus' Initial Encounter with that Woman

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

\* In reverence for Christ's saving work on the cross, participants are invited to take a knee while praying the above response. \*

**Reader**: A passage from Scripture is read, reflecting on the particular Scriptural Station of the Cross.

**Leader**: A reflection is read to help us try and gain the perspective of someone who lived through the first Holy Saturday. *The questions mentioned here don't have to be rhetorical; they can be incorporated into the reflection discussion (or journal) time.* 

#### Reflect & Discuss (or Journal):

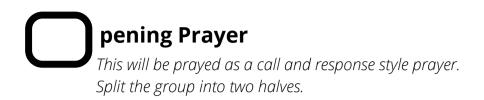
The Leader (or another reader) can offer the reflection questions to help us process what that experience still means 2,000 years later.

\* Time should be made available for immediate sharing, but the meat of the conversation will likely occur in twos or threes as the group walks to the next station. \*

**Leader**: Let us pray. (pause) Lord, grant us the faith and hope to remember that you hear and answer every prayer we make.

All: Jesus, please rise again in our lives.

\* Proceed to the next station \*



**Leader**: Remembering our faith, remembering Our Lord, remembering his Sacrifice that we desire to honor today, we begin with the Sign of the Cross:

All: + In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### Side A:

God of power and mercy, in love you sent your Son that we might be cleansed of sin and live with you forever.

#### Side B:

Guide us as we reflect on his suffering and death. Send forth your Spirit of Truth so that we may learn the way that we should go.

We desire to walk in the peace Christ made between us and you.

Help us enter into the mood of the first Holy Saturday, so that we may respond to Jesus' Resurrection with joy and zeal.

Through the power of the Resurrection shape us to reflect your love, mercy, truth, justice, and peace.

We ask this through the intercession of Mary, Our Mother, by the power of the Holy Spirit, and through Christ, Our Lord,

All: Amen.

# irst Station: Jesus in the Garden of Gethsemane

From the Perspective of the Mother of James & John
Matthew 20: 20-28

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." When he returned to his disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak." (Matthew 26: 36-41)

**Leader**: She and Zebedee have always wanted the best for their sons. She still recalls that moment when she asked Jesus if her sons could sit on his right and on his left in his kingdom. Where is that kingdom now? It seemed like one minute her sons were following a king into Jerusalem, and in the blink of an eye they scattered, denied him, are hiding, and no one has heard from Judas. How did it all change so quickly? Her sons loved Jesus so much and had been willing to follow him anywhere. Now she's left to wonder, was any of it worth it?

#### Reflect & Discuss (or Journal):

Life can bring sudden and unexpected dark turns. How do we hold on to hope that tomorrow's dawn might bring about change? How do we express thanksgiving in the midst of trials?

When we pray and ask Jesus for something we get one of three responses: yes, no, wait. And sometimes are prayers are answered in a way we least expect. Share a time when God answered a prayer in an unexpected way. Are there other ways God has been answering your prayers that perhaps you've not been attentive to noticing?

**Leader**: Let us pray. (pause) Lord, grant us the faith and hope to remember that you hear and answer every prayer we make.

From the Perspective of Jairus' Daughter

Mark 5: 21-24, 35-43

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: Then, while [Jesus] was still speaking, Judas, one of the Twelve, arrived, accompanied by a crowd with swords and clubs, who had come from the chief priests, the scribes, and the elders. His betrayer had arranged a signal with them, saying, "the man I shall kiss is the one; arrest him and lead him away securely." He came and immediately went over to him and said, "Rabbi." And he kissed him. At this they laid hands on him and arrested him. (Mark 14: 43-46)

**Leader**: Jarius tells his daughter about Jesus, but this time he isn't recounting the story of how Jesus brought her back from the dead. Instead, he tells her that he was killed. *How does she respond to news of his death?* Jairus goes on to tell her that one of Jesus' followers betrayed him and he was handed over to the Romans. *How does she respond to the betrayal of the man who raised her?* 

#### Reflect & Discuss (or Journal):

How do we handle betrayal? What about when we see others betrayed? What about when we are the betrayer?

**Leader**: Let us pray. (pause) Lord, remind us that you will never betray us. Help us forgive those who have done so and to repent of our betrayals.



### hird Station: Jesus is Condenmed by the Sanhedrin

From the Perspective of the Woman Caught in Adultery

John 8: 1-11

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: When day came the council of elders of the people met, both chief priests and scribes, and they brought him before their Sanhedrin. They said, "If you are the Messiah, tell us," but he replied to them, "If I tell you, you will not believe, and if I question, you will not respond. But from this time on the Son of Man will be seated at the right hand of the power of God." They all asked, "Are you then the Son of God?" He replied to them, "You say that I am." Then they said, "What further need have we for testimony? We have heard it from his own mouth." (Luke 22: 66-71)

**Leader**: As the woman Jesus saved from stoning hears the details of his trial, what thoughts are racing through her head? How can he be dead, while she lives? He was innocent! These men already had their mind made up about him and yet from the cross he forgave them. How?

#### Reflect & Discuss (or Journal):

Are there times when you've been judged with no chance of defense? How do you respond? How does your life in Christ change how you respond to such treatments?

**Leader**: Let us pray. (pause) Lord, help us to walk in the forgiveness we have received, in turn forgiving others.



https://pastorernieblog.files.wordpress.com/2016/10/jesus-woman-in-adultery.jpg

# ourth Station: Jesus is Denied by Peter

From the Perspective of the Woman Who Washed Jesus' Feet

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: Now Peter was sitting outside in the courtyard. One of the maids came over to him and said, "You too were with Jesus the Galilean." But he denied it in front of everyone, saying, "I do not know what you are talking about!" As he went out to the gate, another girl saw him and said to those who were there, "This man was with Jesus the Nazorean." Again he denied it with an oath, "I do not know the man!" A little later the bystanders came over and said to Peter, "Surely you too are one of them; even your speech gives you away." At that he began to curse and to swear, "I do not know the man." And immediately a cock crowed. Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three <a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly. (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly">Itimes.</a>" (<a href="Itimes." He went out and began to weep bitterly").

**Leader**: She still recalls the night she snuck through the town in shadows not wanting to be noticed as she made her way to the home where Jesus was dining. Gaze focused on the floor she anointed Jesus' feet. Jesus who is now dead and gone. What happened to his friends, the ones who were near him at the table? Wasn't Peter one of his closest disciples? Jesus did not deny her in the Pharisee's home, how could Peter have denied Him?

#### Reflect & Discuss (or Journal):

When has God been faithful to you, particularly during a difficult time? How did he stand by you (or send others to comfort you)?

When have you stood by someone else when they have struggled? Where has Jesus invited you to serve others?

**Leader**: Let us pray. (pause) Lord, grant us the gift of honesty that we may not fear to speak the truth and to confess our love for you, especially because you don't deny us.

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: The chief priests with the elders and the scribes, that is, the whole Sanhedrin, held a council. They bound Jesus, led him away, and handed him over to Pilate. Pilate questioned him, "Are you the king of the Jews?" He said to him in reply, "You say so." The chief priests accused him of many things. Again Pilate questioned him, "Have you no answer? See how many things they accuse you of." Jesus gave him no further answer, so that Pilate was amazed.... Pilate, wishing to satisfy the crowd, released Barabbas... [and] handed [Jesus] over to be crucified. (Mark 15: 1-5, 15)

**Leader**: Pilate's wife told him, "Have nothing to do with that righteous man. I suffered much in a dream today because of him" (Mt 27:19). A day has passed since her request. *Is she still troubled? To whom does she a*☐ribute her troubles? Does she believe one of the Roman gods was trying to look out for her family's status and reputation or that the God of the Jews was afflicting her to protect Jesus?

#### Reflect & Discuss (or Journal):

How do you discern between God's voice and the voices of the flesh, the world, and the Devil?

What are some ways that you can be more attentive to hearing the voice of God in your life?

**Leader**: Let us pray. (pause) Lord, grant us discernment that we may see as you see, not as the world sees. Help us to know your voice when we hear it.

# ixth Station: Jesus is Crowned with Thorns From the Perspective of Mary, Mother of Jesus Luke 2: 22-38

**Leader**: We adore you, O Christ, and we bless you.

#### All: Because by your holy cross you have redeemed the world.

**Reader**: Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly.(John 19: 1-3)

**Leader**: The scene that Mary watched was a complete mockery of Gabriel's prophecy. He was supposed to be called "son of the Most High" and sit on the throne of David (cf. Lk 1:30-33). Instead he was abused, berated, and his crown was made of thorns. It only got worse. Mary likely clung to Gabriel's prophecy, but what of Simeon's word that a sword would pierce her heart (cf. Lk 2:34-35)? What does she cling to now?

#### Reflect & Discuss (or Journal):

In Scripture, alongside amazing promises and hopeful prophecies are stern warnings and cautions of trials to come. Are we willing to hear both? What do we cling to when trial comes? How do we trust the promises when things get hard?

When have you experienced a time of trial, challenge, or suffering and there was joy and goodness that followed? Looking back, where was God in the midst of it?

**Leader**: Let us pray. (pause) Lord, help us remember your promises so that they may carry us through and your warnings so that we may ground ourselves in you before the storm.



www.taylormarshall.com

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: When the chief priests and the guards saw [Jesus] they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him. I find no guilt in him." ... They cried out, "Take him away, take him away! Crucify him!" Pilate said to them, "Shall I crucify your king?" The chief priests answered, "We have no king but Caesar." Then he handed him over to them to be crucified. So they took Jesus, and carrying the cross himself he went out to what is called the Place of the Skull, in Hebrew, Golgotha. (John 19: 6, 15-17)

**Leader**: As she talks to her husband about the happenings in Jerusalem, the woman from Cana remembers that Jesus was at her wedding. The servants say he saved the feast. They even claim it was a miracle, that he turned water into wine (cf. Jn 2:1- 11). *Could a prophet of God commit the blasphemy he did? Could he have been the Messiah?* 

#### Reflect & Discuss (or Journal):

What the woman from Cana might have wrestled with is the 'penetrating perhaps.' It is the question that all people have in common, believers and non-believers. The universal "What if...?" Are you open about your "What ifs"? Do you try to hide them or offer them to the Lord?

What doubts or questions do you have about faith or church teaching? Is there something you really struggle with? Who might you be able to go to with these questions?

What if Jesus really is who He says He is? What if Jesus really is Lord? What does that mean for us and how we live our lives?

**Leader**: Let us pray. (pause) Lord, I believe, help my unbelief.

# ighth Station: Jesus is Helped by Simon of Cyrene From the Perspective of the Wife of Simon of Cyrene

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. (Mark 15: 21)

**Leader**: Because of Simon's participation in Jesus' passion, he is unable to participate in the Passover. *Does Simon's wife realize that he aided the New Passover? Does she resent the man who prevented her husband from leading their Passover meal?* 

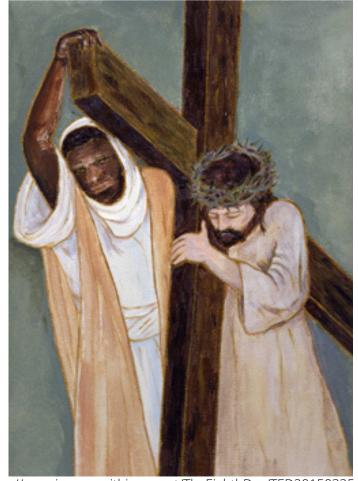
#### Reflect & Discuss (or Journal):

Do we tell God how we will serve or listen to how we are called? What do you do in the meantime? When have you been called to a particular work, ministry, or service?

When have you struggled with a difference of opinion between you and the Lord?

Sometimes we forget that Jesus needed help carrying his cross, too. To whom do we turn when things are particularly challenging?

**Leader**: Let us pray. (pause) Lord, grant us willing spirits that we may be your instruments on earth.



https://www.journeywithjesus.net/TheEighthDay/TED20150325.shtml

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children, for indeed, the days are coming when people will say, 'Blessed are the barren, the wombs that never bore and the breasts that never nursed.' At that <a href="Itime">Itime</a>, people will say to the mountains, 'Fall upon us!' and to the hills, 'Cover us!' for if these things are done when the wood is green what will happen when it is dry?"

**Leader**: The next day, as they reflect on Jesus' words, do they still see Jesus as the object of their pity? Do they realize that he was not forced to Calvary against his will? Do they see sin as merely an external force that happens to people? Do they realize he overcame their sins, too? Are these women any different the day after the Crucifixion?

#### Reflect & Discuss (or Journal):

How easily do we feel pity, sorrow, and outrage in the face of evils around us? How often are we just as easily at fault for those evils? What changes in us when we realize that we contribute to an injustice or evil?

Is there an evil or an injustice you feel more strongly about that perhaps God is inviting you to take a stand against?

**Leader**: Let us pray. (pause) Lord, help us experience a sorrow that leads to conversion.

# enth Station: Jesus is Crucified

### From the Perspective of the Hemorrhaging Woman

Mark 5: 25-34

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: When they came to the place called the Skull, they crucified him and the criminals there, one on his right, the other on his left. [Then Jesus said, "Father, forgive them, they know not what they do."] (Luke 23: 33-34)

**Leader**: As she rests this Sabbath, does she recall the day that changed her life? Does she remember being in such [desperation that all she could do was reach for the fringe of his garment (cf. Lk 8:43-48)? And now he is dead. He would have experienced excrucia [ng pain. How could merely touching him save her and yet he wasn't saved? Had he offended the Lord? Then she remembers another fringe of hope, she'd heard that he told his disciples he would come back from the dead. Could it be true?

#### Reflect & Discuss (or Journal):

When solution after solution has failed, do we have the faith to merely reach out and touch Jesus? Do we convince ourselves that we need to complete heroic acts of holiness to be loved by God? Are we afraid to ask the Lord to heal our wounds?

**Leader**: Let us pray. (pause) Lord, give us the faith of this woman to approach you with our deepest needs and hurts.



Photo Credit: Christen Aquino // Church of Mary Magdalene in Magdala, Israel

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: Now one of the criminals hanging there reviled Jesus, saying, "Are you not the Messiah? Save yourself and us." The other, however, rebuking him, said in reply, "Have you no fear of God, for you are subject to the same condemnation? And indeed, we have been condemned justly, for the sentence we received corresponds to our crimes, but this man has done nothing criminal." Then he said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise." (Luke 23: 39-43)

**Leader**: News travels slowly on the Sabbath, but even the Samaritan woman knows what has happened in Jerusalem. *Does Jesus' crucifixion intensify the enmity that she has grown up with between Jews and Samaritans? Does his mercy to the thief soften her heart, reminding her of the mercy Jesus showed her while they spoke at the well? What will the other townspeople, those who had come to believe in Jesus, say when they hear the news? Will they scoff at her again?* 

#### Reflect & Discuss (or Journal):

When has your experience of God's mercy softened your heart toward another or a group of people?

To whom is God inviting you to extend mercy and forgiveness? Is there something you haven't been able to forgive yourself for? If yes, offer it to the Lord and ask for his healing embrace.

Are you afraid of what others think of your faith in Jesus? When have you stood courageously in faith regardless of what others have said or thought?

**Leader**: Let us pray. (pause) Lord, allow your mercy to con nue to transform our hearts.

## welfth Station: Jesus Speaks to His Mother

From the Perspective of the Widow at Nain

Luke 7: 11-15

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home. (John 19: 25-27)

**Leader**: Does the Widow of Nain spend her Sabbath with the son that Jesus gave back to her? She has heard the news about Jesus, and heard that his mother stood at the foot of the cross. She knows the pain of losing a son. It is her turn to have pity on Mary. Will someone take care of her now? It is only because of Jesus that she still has her son to care for her. If only someone could have brought Jesus back as well...

#### Reflect & Discuss (or Journal):

To whom has Christ entrusted you? Who has he entrusted to you?

**Leader**: Let us pray. (pause) Lord, grant us constancy that we may be willing to stand by those in need.



## hirteen Station: Jesus Dies on the Cross

From the Perspectives of Mary & Martha

Luke 10: 38-41 & John 11

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: It was now about noon and darkness came over the whole land until three in the afternoon because of an eclipse of the sun. Then the veil of the temple was torn down the middle. Jesus cried out in a loud voice, "Father, into your hands I commend my spirit"; and when he had said this he breathed his last. (Luke 23: 44-46)

**Leader**: Mary & Martha have been here before with Lazarus. They even had him in the tomb, but then Jesus came, and their brother was returned to them. Now Jesus is the one in the tomb. Martha had declared him the Son of God, *do those words seem empty to her now? What did he mean when he said, I am the ☐resurrection and the life* (cf. Jn 11:25-27)?

#### Reflect & Discuss (or Journal):

Christ is Savior and Lord, King and Brother, Lamb and Lion, and more. Which characteristic or title of Jesus are you more attracted? Why? Which are you tempted to side-line or ignore?

Who is Jesus to you? What is your relationship with him like? Are you more inclined to run around or spend time sitting at his feet?

Leader: Let us pray. (pause) Lord, help us know you fully.



### ourteenth Station: Jesus is Placed in the Tomb

From the Perspective of the Wife of Joseph of Arimathea

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: When it was evening, there came a rich man from Arimathea named Joseph, who was himself a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be handed over. Taking the body, Joseph wrapped it in clean linen and laid it in his new tomb that he had hewn from the rock. Then he rolled a huge stone across the entrance to the tomb and departed. (Matt. 27: 57-60)

**Leader**: Joseph can be headstrong. He has gotten it in his head that this Jesus was truly a righteous man and thus it would be wrong to leave him to the beasts and the birds during the Sabbath. She's always admired her husband's determination but now Jesus is lying in their family's tomb. *Isn't this a little too far?* Joseph could be wrong. *Isn't he taking this a little too seriously?* 

#### Reflect & Discuss (or Journal):

What, in our discipleship, needs to change and be transformed with our celebration of the

Resurrection? Where is there still a stone rolled between us and Jesus? How do we need to take Jesus more seriously?

**Leader**: Let us pray. (pause) Lord, please help us to follow you now. As we celebrate Easter, breathe new life and trust into our discipleship.



Tomb of Jesus in the Church of the Holy Sepluchre, Jerusalem, Israel

# ifteenth Station: Jesus Will Appear to Mary of Magdala

From the Perspective of Mary of Magdala
John 20

**Leader**: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

**Reader**: But Mary stayed outside the tomb weeping. And as she wept, she bent over into the tomb and saw two angels in white sitting there, one at the head and one at the feet where the body of Jesus had been. And they said to her, "Woman, why are you weeping?" She said to them, "They have taken my Lord, and I don't know where they laid him." When she had said this, she turned around and saw Jesus there, but did not know it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni," which means Teacher. Jesus said to her, "Stop holding on to me, for I have not yet ascended to the Father. But go to my brothers and tell them, 'I am going to my Father and your Father, to my God and your God." Mary of Magdala went and announced to the disciples, "I have seen the Lord," and what he told her. (John 20: 11-18)

**Leader**: Mary must be in a daze. The man who saved her from seven demons is lying within a tomb. Every time someone says her name, does she think it's his voice? How badly does she desire to be called by name, just one more \_\_time? What does she long to say to him in return?

#### Reflect & Discuss (or Journal):

How often do we miss Jesus the first time we look? How do we turn so as to truly see Him?

Why are you weeping? What right now breaks your heart, makes you anxious or afraid? What are you hurting from? Who do you need Jesus to be right now? Prince of Peace, Divine Healer, Friend, Consoler ...

Do you hear Him when He calls you by name? When you turn to him, what do you say in return?

**Leader**: Let us pray. (pause) Lord, help us see you and hear you more clearly when you call us by name.

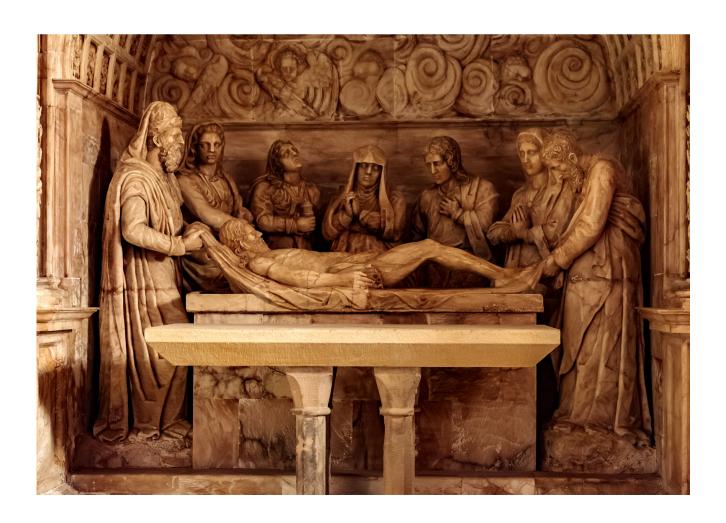


**Leader**: O God, Creator of heaven and earth:

Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

www.catholicnewsagency.com/resources/holy-week/prayer-for-holy-saturday/holy-saturday-prayer/

All: Amen



The Scriptural Stations of the Cross are from Saint John Paul II, based on those celebrated by him on Good Friday in 1991.

Acquired from www.usccb.org/prayer-and-worship/prayers-and-devotions/stations-of-the-cross/scriptural-stations-of-the-cross.cfm

The prayers are adapted from the United States Conference of Catholic Bishops.

This book is adapted by Christen Aquino for BeLoveDaughter Ministry from *A Stations of the Cross Hike for Women on Holy Saturday* by Spencer Hargadon.

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